



Rockwell's Candida Nutritional Supplement Protocol Summary:

Part 1: <i>Kill harmful yeast:</i>	Instructions:	When to take:	Price:
A) Yeast Arrest by Vitanica (Boric Acid suppositories with immune herbs) – FOR WOMEN WITH VAGINAL YEAST.	Insert one suppository at bedtime. Use a pantyliner. Extra tough cases may also use one in the morning.	Day 1-14+	28 suppositories \$22.50
Applicators set of 2			\$5.00
B) Candaclear Four (Garlic's Allium sativum extract, Cinnamon Oil & Caprylic acids) by Pharmax	Take 4 capsules twice daily with meals. You can take in divided doses to prevent stomach upset.	Day 1-30+	(30 day supply) \$49.80
Note: If you are allergic to garlic or cinnamon, please consult with the nutritionist for alternatives.			
Part 2: <i>Re-implant the good bacteria:</i>			
A) HLC Intensive capsules by Pharmax	Active dose: For more intensive support, swallow 1 capsule once daily, after meals.	Day 15-30+	(2 bottles) \$78.80
B) HLC Intensive capsules by Pharmax (for women to be used as Acidophilus suppository)	Insert a capsule into the vagina at bedtime (soften capsule by running under warm water before inserting)	Day 15-20 (or after finishing Part 1A)	
Part 3: <i>Bind and excrete toxins, yeast, and harmful bacteria with fiber and greens:</i>			
A) PaleoFiber Powder Plain by DFH	Use 1 TBSP daily on empty stomach (30 min before a meal, or 2 hours after).	Day 1-30+	\$34.00
B) PaleoGreens powder by DFH	1 Tablespoon daily on an empty stomach (can mix with PaleoFiber).	Day 1-30+	\$54.00
Part 4: <i>Immune System Support:</i>			
A) Immunitone Plus by DFH	3 capsules daily between meals. Can be taken at the same time as PaleoGreens.	Day 1-30+	\$42.00
B) Cod Liver Oil by Pharmax	3 teaspoon per day with meals.	Day 1-30+	\$21.90
C) A good Multivitamin: Complete Multi by Designs for Health	Follow dosing instructions on container; take in divided doses with meals.	Day 1- 30+	\$46.00

We strongly recommend purchasing a 30 minute [consultation](#) with our nutritionist before ordering to help you determine the best pack for you! This consult will also give you specific guidance on your particular case, using these products and nutritional support.

Note: An applicator is not included with these suppositories. **This item ships separately through USPS.** Postage is included in the product price. You may re-use these applicators if you wash them thoroughly in hot soapy water.