

**Recommended Use:** As a dietary supplement, mix 36 grams (approx. one scoop) in eight ounces of water or any other beverage per day, or as directed by your health care practitioner. PaleoMeal may be blended into a shake if desired. PaleoMeal is not intended to be the sole source of calories, but used as part of an overall program of healthy eating.

**Allergen Information:** This product does not contain fish, shellfish, peanuts, tree nuts, eggs, wheat, gluten, artificial colors, flavors or preservatives.

#### PaleoMeal™: Highest Quality Ingredients and Formulation

When used with a balanced whole foods diet, PaleoMeal™ is designed to help promote an optimal intake of protein, fats, carbohydrates, vitamins and minerals needed for overall wellness. PaleoMeal™ is made with Proserum™, native whey protein concentrate. It maintains the full range of all the fragile immune-boosting and regenerative components naturally present in fresh raw milk. It is produced using proprietary filtration and drying which involves minimal processing. This unique production method ensures that the whey is not subjected to temperatures that would destroy the original components. We do not use cross-flow filtration, microfiltration, hydrolyzation or ion exchange methods which denature the original proteins which come from herds that graze year-round on disease-free, pesticide-free, chemical-free, natural grass pastures. Milk from grass-fed cows has many times higher levels of CLA and contains a proper balance of essential fatty acids. The milking cows are never fed grain or subjected to any growth hormone treatment, chemicals, antibiotics, genetically modified organisms, hyperimmunization or injected pathogens. The result is the highest quality protein formulation available.

#### Better than Soy

Whey protein is nature's richest source of biologically active protein. Unlike soy protein, which is low in the amino acid methionine, whey protein contains all the amino acids the body needs in the proper balance.

Whey protein is derived from milk. We have added the proprietary full spectrum enzyme blend n-zymes™ which contains lactase and proteases. This blend was added to aid in digestion of the small amount of lactose present and to assist in the breakdown and assimilation of the various high quality proteins found in milk.

Proserum® is a registered trademark of Wellwisdom, LLC. TRAACS® and Creatine MagnaPower® are registered trademarks of Albion Laboratories Inc.



Uniquely formulated and distributed by:  
**Designs for Health, Inc.**

980 South Street, Suffield, CT 06078

This product is manufactured in a NSF GMP registered facility

Report any adverse reactions to 860-623-6314

**Order online @ [www.designsforhealth.com](http://www.designsforhealth.com)**

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#### FEATURES



- ✓ 2.1 g Immunoglobulins
- ✓ 550 mg Lactoferrin
- ✓ Low Heat Processed
- ✓ High in Glutathione Precursors
- ✓ rBGH Free

**PROPRIETARY NON-DENATURED WHEY PROTEIN**

# PaleoMeal™

Unsweetened Natural Vanilla Flavor  
**Dietary Supplement**

**Net Weight 540 Grams**

## Supplement Facts

Serving Size 36 grams (approx. 1 scoop)††  
Servings Per Container 15

Amount Per Serving			Amount Per Serving			% Daily Value		
<b>Calories</b>	100	Calories from Fat 9	Vitamin B12	50 mcg	833%	(as Methylcobalamin)		
		<b>% Daily Value</b>	Biotin (as d-biotin)	100 mcg	33%	Pantothenic Acid		
<b>Total Fat</b>	1 g	<b>2%*</b>	Pantothenic Acid	100 mg	1000%	(as d-Calcium Pantothenate)		
Saturated Fat	0.5 g	3%*	Magnesium	100 mg	25%	(from Creatine MagnaPower)		
Trans Fat	0 g	†	Zinc	5 mg	33%	(as Zinc Chelazome Bis-Glycinate Chelate)		
<b>Cholesterol</b>	26 mg	<b>9%*</b>	Chromium	50 mcg	42%	(TRAACS® chromium nicotinate glycinate chelate)		
<b>Sodium</b>	60 mg	<b>3%*</b>	<b>Total Glutamine Value</b>	3.9 g	†	Bound Glutamic Acid (Proserum™) 3 g		
<b>Potassium</b>	130 mg	<b>4%*</b>	L-Glutamine	900 mg		Immunoglobulins		
<b>Total Carbohydrates</b>	8 g	<b>3%*</b>	Immunoglobulins	2.1 g	†	(Proserum® Whey Protein)		
Dietary Fiber	3 g	12%*	Phosphatidylcholine	840 mg	†	(from Soy Lecithin)		
Soluble Fiber	0.5 g		Creatine	550 mg	†	(from Creatine MagnaPower®)		
Insoluble Fiber	2.5 g		Conjugated Linoleic Acid (CLA)	120 mg	†	Taurine		
Sugars	4 g	†	n-zymes™	50 mg	†	Amylase		
<b>Protein</b>	17 g	<b>34%*</b>	Protease 4.5	5000 HUT		Protease 3.0		
Vitamin C	100 mg	167%	Protease 6.0 (Concentrate)	2000 HUT		Lactase		
(as Ascorbic Acid)			Inositol	50 mg	†	Folates		
Vitamin E (Total Natural Tocopherols)	100 mg	*				(NatureFolate™ blend)		
as d-gamma	63.5 mg	*						
as d-alpha	6.7 mg/10 IU	33%						
as d-beta	1.25 mg	*						
as delta	29 mg	*						
Vitamin B1	10 mg	667%						
(as Thiamine Mononitrate)								
Vitamin B2	10 mg	588%						
(as Riboflavin)								
Vitamin B3	10 mg	50%						
(as Niacinamide)								
Vitamin B6	10 mg	500%						
(as Pyridoxine HCl)								
Folates	100 mcg	25%						
(NatureFolate™ blend)								

**Other Ingredients:** Proprietary whey protein concentrate (Proserum™), vegetable fiber, natural flavor (vanilla), tapioca dextrin, inulin, cellulose gum.

††NOTICE: Accurate serving size can only be determined by weight. A scoop is provided to help approximate this serving size. For the most accurate results, fill scoop and tap the bottom 3 or 4 times, then with a digital scale tare out the scoop weight, and weigh the powder.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

BARCODE

1.469 X 1.021

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