

# Adrenotone Plus™

**ADAPTOGENIC HERBAL SUPPORT • NUTRITIONAL ADRENAL REJUVENATION**  
**CATECHOLAMINE REPLENISHMENT • STRESS NUTRIENT REPLACEMENT**

THIS INFORMATION IS PROVIDED FOR THE USE OF PHYSICIANS AND OTHER LICENSED HEALTH CARE PRACTITIONERS ONLY. THIS INFORMATION IS INTENDED FOR PHYSICIANS AND OTHER LICENSED HEALTH CARE PROVIDERS TO USE AS A BASIS FOR DETERMINING WHETHER OR NOT TO RECOMMEND THESE PRODUCTS TO THEIR PATIENTS. THIS MEDICAL AND SCIENTIFIC INFORMATION IS NOT FOR USE BY CONSUMERS. THE DIETARY SUPPLEMENT PRODUCTS OFFERED BY DESIGNS FOR HEALTH ARE NOT INTENDED FOR USE BY CONSUMERS AS A MEANS TO CURE, TREAT, PREVENT, DIAGNOSE, OR MITIGATE ANY DISEASE OR OTHER MEDICAL CONDITION.

*Adrenotone Plus* is a formulary, encapsulated product designed to be an all-in-one adrenal support product. In just one product it is now possible for the clinician to provide botanical and nutritional enhancement of adrenal cortical and medullary function, adrenal rejuvenation, increased hypothalamic receptor function, and address depletions common to those suffering from the effects of chronic stress.

#### SPECIFIC CLINICAL OBJECTIVES OF ADRENOTONE PLUS:

Adaptogenic and adrenal tonic herbs and nutrients have been included in order to help the body's adaptation to stress and to support adrenal gland health. Stress can alter levels of cortisol and catecholamines, in addition to causing the depletion of a host of micronutrients. Cortisol increases have vast effects over serum blood glucose and insulin levels, inducing dysglycemia and laying the foundation for metabolic syndrome.

*Adrenotone Plus* contains a blend of standardized botanicals including: *Eleutherooccus* (Siberian ginseng), *Panax quinquefolius* (American ginseng- strong, yet least stimulating of the ginsengs), *Ashwagandha* (Indian ginseng or *Withania*), *Rhodiola rosea* (Rose root), and *Glycyrrhiza glabra* (Licorice root), all known to be tonifying and rejuvenating to the adrenal gland. The ginseng family of herbs possesses a unique property of aiding in the regeneration and enhanced function of hypothalamic cortisol receptors, providing an amphoteric effect, which allows the body to better self-regulate cortisol levels. *Licorice* potentiates and extends the serum life of cortisol, thereby lessening the demand on the adrenal cortex during stressful conditions. *N-Acetyl-tyrosine*, the most bioavailable form of tyrosine, is included as a critical building block of catecholamines, which are often depleted under chronic stress conditions, various neurotransmitters, and thyroid hormones. Also included are the nutrients: *vitamin C*, *pantothenic acid* (B5), *pyridoxine-B6* (as P-5-P), *riboflavin-B2* (as R-5-P), and *folic acid*, which play critical roles as enzyme co-factors in the balanced production of stress hormones. All of these ingredients are combined in order to synergistically promote proper homeostasis of serum cortisol, helping to promote healthy hypothalamic-pituitary function, aid in the production and replenishment of depleted catecholamines, support adrenal cortical health, and to replete common nutritional deficiencies that can result from chronic stress.

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## ADRENOTONE PLUS

### Supplement Facts

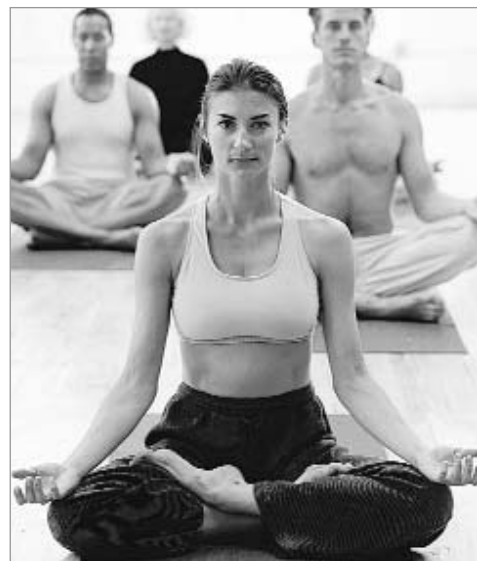
Serving Size 3 capsules

Servings Per Container 30

| Amounts Per Serving  |         | % Daily Value |
|--|---------|---------------|
| Vitamin C (Ascorbic Acid)  | 100 mg  | 167%          |
| Riboflavin (Riboflavin-5-Phosphate)  | 5 mg    | 294%          |
| Pyridoxal-5-Phosphate<br>(Coenzyme B6)   | 5 mg    | 250%          |
| Folic Acid   | 500 mcg | 125%          |
| Pantothenic Acid (d-Calcium)   | 250 mg  | 2,500%        |
| N-Acetyl L-Tyrosine  | 75 mg   | *             |
| Siberian Ginseng<br>( <i>Eleutherococcus senticosus</i> ) (root)<br>(standardized to contain 0.8% [2 mg] ginsenosides) | 250 mg  | *             |
| American Ginseng<br>( <i>Panax quinquefolius</i> ) (root)<br>(standardized to contain 5% [5 mg] ginsenosides)          | 100 mg  | *             |
| Ashwagandha<br>( <i>Withania somnifera</i> ) (root)<br>(standardized to contain 1.5% [1.5 mg] withanolides)            | 100 mg  | *             |
| Rhodiola Rosea<br>(standardized to contain 3% [3 mg] rosavins and 1% [1 mg] salidroside)                               | 100 mg  | *             |
| Licorice ( <i>Glycyrrhiza glabra</i> ) (root)  | 20 mg   | *             |

\*Daily Value not established

**Other ingredients:** Rice flour, magnesium stearate



**\*Safety Alert:** Ingestion of greater than 3 g/day of licorice root or 100 mg/day of glycyrrhizin for more than six weeks can cause water retention, hypertension, hypokalemia, and suppression of the renin-angiotensin system. Monitoring of blood pressure and electrolytes and increasing daily potassium intake is suggested if using dosages referred to in this alert statement. Licorice containing products should be used with caution and under supervision in those with pre-existing hypertension, renal disease, or those taking digitalis preparations.

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